

Shooting Procedure in *Shinsa* (for a *Tachi* of 5 Archers Wearing *Kyūdōgi* or *Wafuku*)

All Nippon Kyudo Federation

	<i>Ichiban</i>	<i>Niban</i>	<i>Sanban</i>	<i>Yonban</i>	<i>Goban</i>
H A Y A	Proceed without waiting.	When <i>Ichiban</i> completes <i>Dōzukuri</i> , stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	On <i>Ichiban</i> 's <i>Tsurune</i> , stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	On <i>Niban</i> 's <i>Tsurune</i> , stand up. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	On <i>Sanban</i> 's <i>Tsurune</i> , stand up. On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.
O T O Y A	On <i>Yonban</i> 's <i>Tsurune</i> , stand the bow up, nock on <i>Otoya</i> and wait. On <i>Goban</i> 's <i>Tsurune</i> , stand up and proceed without waiting.	On <i>Yonban</i> 's <i>Tsurune</i> , stand the bow up, nock on <i>Otoya</i> and wait. When <i>Ichiban</i> completes <i>Dōzukuri</i> , stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	On <i>Yonban</i> 's <i>Tsurune</i> , stand the bow up, nock on <i>Otoya</i> and wait. On <i>Ichiban</i> 's <i>Tsurune</i> , stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	On <i>Goban</i> 's <i>Tsurune</i> , stand the bow up, nock on <i>Otoya</i> and wait. On <i>Niban</i> 's <i>Tsurune</i> , stand up. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	After shooting <i>Haya</i> , stand the bow up, nock on <i>Otoya</i> and wait. On <i>Sanban</i> 's <i>Tsurune</i> , stand up. On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.

(Effective as of July 1, 1994)

Important Points When Performing Shooting in *Shinsa* (for a *Tachi* of 5 Archers Wearing *Kyūdōgi*)

- 1) On entering and exiting, the attention must be focused on the *Kamiza* before making *Rei* (or *Yū*).
- 2) Proceed to *Honza*, sit down in *Kiza*, make *Yū* together and proceed to *Shai*.
- 3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up, make *Yatsugae* and wait.
- 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
- 5) On the *Tsurune* of *Sanban*'s *Otoya*, the next *Tachi* enters the shooting area, proceeds to *Honza* and sits down in *Kiza*. On *Goban*'s *Tsurune*, the next *Tachi* makes *Yū* together. When the last archer steps back to exit, the next *Tachi* proceeds to *Shai*.
- 6) The movements before and after the shooting should not be too slow.
- 7) When the movements of archers in *Rissha* differ from those of an archer in *Zasha*, the archer in *Rissha* adapts to the archers in *Zasha*. How to do this is described in "How to perform *Rissha* (Standing Form)" at the end of the revised edition of "Questions and Answers on Kyudo Manners and Procedures" (published 25/4/2016).

Important Points When Performing Shooting in *Shinsa* (for a *Tachi* of 5 Archers Wearing *Wafuku*)

- 1) On entering and exiting, the attention must be focused on the *Kamiza* before making *Rei* (or *Yū*).
- 2) Proceed to *Honza*, sit down in *Kiza* and make *Yū* together. Then, turn to face *Waki-Shōmen* and perform *Hadanugi* (for men) or *Tasukisabaki* (for women). Turn back to face *Mato-Shōmen* and proceed to *Shai*.
- 3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up, make *Yatsugae* and wait.
- 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
- 5) On the *Tsurune* of *Goban's Haya*, the next *Tachi* enters the shooting area and proceeds as in 2). On *Goban's Tsurune*, the next *Tachi* stands up. When the last archer steps back to exit, the next *Tachi* proceeds to *Shai*.
- 6) The movements before and after the shooting should not be too slow.
- 7) When the movements of archers in *Rissha* differ from those of an archer in *Zasha*, the archer in *Rissha* adapts to the archers in *Zasha*. How to do this is described in “How to perform *Rissha* (Standing Form)” at the end of the revised edition of “Questions and Answers on Kyudo Manners and Procedures” (published 25/4/2016).