## 7<sup>th</sup> Kyudo Seminar 4<sup>th</sup> Lithuanian Kyudo Championships

Vilnius 9 - 11 October, 2015

Teachers of the Seminar and Judges of the Championships:

Feliks F. Hoff, Kyoshi 6.Dan

winner of the first Kyudo World Championship (2010, Tokyo),

Connie Brandl-Hoff, Renshi 5.Dan

winner of the first Kyudo European Championships (1989, Hamburg).

## 7<sup>th</sup> Kyudo seminar:

Friday: 14:00 - 18:00

Saturday: 9:00 – 13:00, lunch break, 14:00 – 18:00

Learning of *Hassetsu* (basic Kyudo steps) according to the principles of the Heki-ryu Insai-ha.

Learning of *Taihai* (examination and competition form).

Lectures about Kyudo: history, philosophy, schools, styles, Kyudo in modern world, equipment.

Seminar will be held in English.

Beginners need to have comfortable clothing and Gomu-Yumi (rubber bow).

## 4<sup>th</sup> Lithuanian Kyudo Championships:

Sunday: 9:00 - 14:00

Follows the rules of the IKYF/ANKF.

Categories – individual competition (Kojin), together male and female group.

Format – Kinteki (distance 28 m), Kasumi Mato (target 36 cm), Zasha (kneeling form), Yotsuya (4 arrows).

Timing – Shinsa Maai (examination).

Number of arrows – 12 (3 ends of 4 arrows).

First three places – decision by hits – will receive Medals and Diplomas.

Champion – highest ranked by hits Lithuanian – will receive Cup and Diploma.

A Style prize for Lithuanian participants – for the best overall performance – will receive special Prize and Diploma.

In case of a tie:

- 1st place or Champion will be decided by Izume (hit/miss) shoot off system,
- 2nd and 3rd places will be decided by Enkin (closest to the centre) shoot off system.

Place – sport school Tauras small hall, Zygio str. 46, Vilnius.

Registration ends on 20 September.

Contact: info@kyudo.lt, +370 699 35307.

Participation fees up to 80 euro. It will be fine down after registration ends.

All income will be to compensate travel and hotel expenses for Teachers and rent of the hall.

Teachers will lead seminar free of charge.