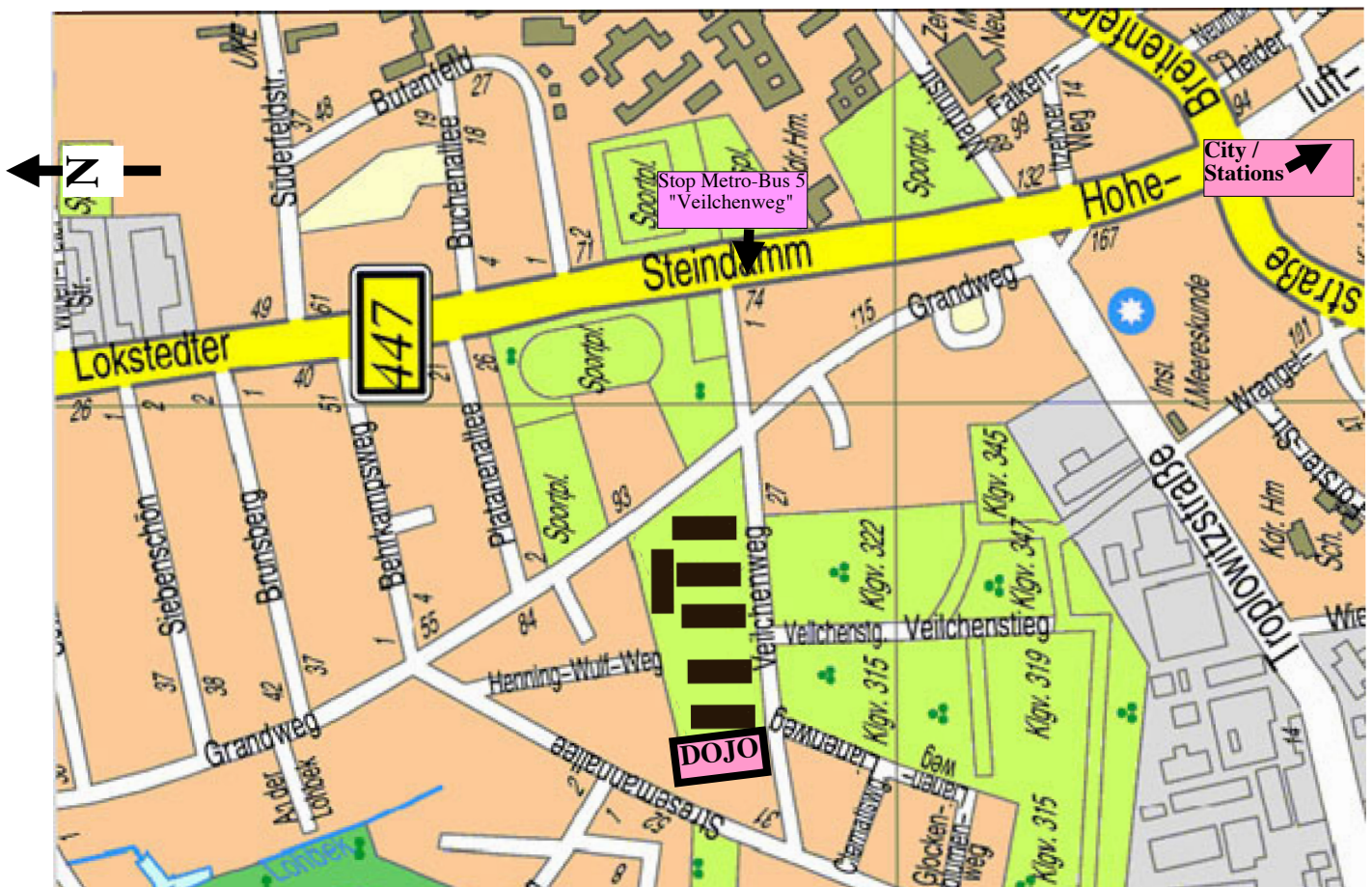




# ALSTER DOJO e.V.

<b>Invitation to the 13th and 14th "Open Training Week" in Hamburg</b>	
<b>Organiser/ Host</b>	Alster Dojo e.V. - "Hi Un Kan - Kyudojo"
<b>Venue:</b>	Alster Dojo e.V. - Veilchenweg 34; 22529 Hamburg - Germany Tel: 0049 - (0)40 - 560 085 95
<b>Schedule:</b>	<b>Arrival</b> be latest on Monday 09:00 h <b>13th OTW :</b> Monday 26 <sup>th</sup> June 2019, 9:30 h - Friday 01 <sup>st</sup> July 2022, 16:00 h <b>14th OTW :</b> Monday 12 <sup>th</sup> 9:30 h until Friday 16 <sup>th</sup> September 2022, 16:00 h
<b>Teachers:</b>	F. Hoff - Kyoshi 6. Dan, C. Brandl-Hoff, Renshi 5. Dan and other trainers of the Alster Dojo e.V.
<b>Local manager:</b>	F. Hoff - Kyoshi 6. Dan
<b>Themes :</b>	Improvement and correction of technique and taihai according to the principles of the Heki-ryu Insai-ha. If required, theory lecture(s) can be held.
<b>Conditions:</b>	Maximal 30 kyujin who are practising Heki-ryu Insai-ha shaho. If more than 30 archers apply a waiting list will be kept. If less then 10 archers like to participate, the seminar will be cancelled. Participants from non-German Heki groups will get a quota for participation. If cancellations are necessary, give the organizers a note in time to give potential participants of the waiting list a chance.
<b>Fees:</b>	120,- € for the whole seminar (use of the dojo and non alcoholic beverages) Lunch can be ordered at site and is not included in the price. For breakfast and dinner each participant has to take care by him/herself. Please pay in cash at your arrival in the dojo. <b>Due to our Corona regulations is an overnight stay in the dojo not possible!</b>
<b>Application:</b>	Please send the application form by mail or e-mail to: F. Hoff, Volksdorfer Weg 50r , 22393 Hamburg - Germany Mail: fhoff@t-online.de Telephone: +49-40-6405195
<b>Closing date</b>	<b>25<sup>th</sup> April 2022</b> Participants on a possible waiting list will be informed until 05 <sup>th</sup> May 2022

Lodging and board:	<p>Please contact and book by yourself:</p> <p><b>Tourismus Center Hamburg,</b>  Steinstr. 7 D 20095 Hamburg; --&gt; <a href="http://www.hamburg-tourismus.de">www.hamburg-tourismus.de</a>  Tel: 040 - 300 51114 - Fax:040 - 300 51220</p> <p>--&gt; reasonably priced and close to the dojo: <b>ETAP Hotel Hamburg City</b> ,  <a href="http://www.accorhotels.com/de/hotel-2711-etap-hotel-hamburg-city/index.shtml">www.accorhotels.com/de/hotel-2711-etap-hotel-hamburg-city/index.shtml</a></p> <p>--&gt; reasonably priced and close to <b>Motel One Hamburg</b> ,  <a href="http://www.motel-one.de/Hamburg_Altona">www.motel-one.de/Hamburg_Altona</a></p> <p>--&gt; medium price ranged and close to the dojo: <b>Motel Hamburg</b>  <a href="http://www.motel-hamburg.de">www.motel-hamburg.de</a></p> <p>-&gt; medium price ranged and close to the dojo: <b>Dorint Hotel HH-Eppendorf</b>  E-Mail: <a href="mailto:info.hamburg@dorint.com">info.hamburg@dorint.com</a></p>
<b>Way description:</b>	<p><u>By car</u> use the express way BAB 7 (West tangent, direction to Kiel), exit "Stellingen". Follow the direction to "Hagenbecks Tierpark" and the streets: Sportplatzring, Koppelstr., Julius-Vossler Str., Grandweg until Veilchenweg.</p> <p><u>By train</u> to "Hamburg Hauptbahnhof" or "Hamburg Dammtor".</p> <p>From both stations you may use "Metro-Bus 5" in direction "Niendorf" until the bus stop "Veilchenweg", then take a walk for about 400 m to the dojo, see the map below.</p> <p><u>By plane:</u> Use the S-rail 1 (S-Bahn) from the airport to the central station. From the central station you can change to all directions (see: By train) or take a taxi from the airport.</p>
<b>Remarks:</b>	Please bring matoya with nipple points to avoid damages on the azuchi.
<b>Corona-Rules</b>	<p>The actual rule is "2G+" (Participation only for fully vaccinated and recovered persons with proof of vaccination).</p> <p>Masks are compulsory in the dojo, except for the immediate shooting practice and during meals.</p> <p>Showers are possible, but not overnight stays.</p>



# APPLICATION FORM *for the*

## *13<sup>th</sup> or 14<sup>th</sup> Open Training Week in Hamburg 2022*

**To** Alster Dojo e.V.

c/o F. Hoff, Volksdorfer Weg 50r - 22393 Hamburg

E-Mail: fhoff@t-online.de

Tel: 0049-(0)40-6405795

☐ I shall participate in the 13<sup>th</sup> "Open Training Week" • 26<sup>th</sup> June - 01<sup>st</sup> July 2022

or

☐ I shall participate in the 14<sup>th</sup> "Open Training Week" • 12<sup>th</sup> - 16<sup>th</sup> September 2022

according to given conditions in the invitation.

**Names :** .....

**Address / Phone :** .....

**E-Mail:** ..... **Birthday:** .....

☐ Kyudo since: ..... ☐ Kyudo-Grade / Title: .....

I shoot mostly ☐ Makiwara ☐ Mato

☐ I shall pay the fees at the arrival in the dojo.

Quantity	Reason for Payment	amount	my sum
1	participation fee	120,00 €	<b>120,00 €</b>
total:			

**Date :** ..... 2022

.....  
Signature