

# Kyudo Seminar in Vilnius

16 - 18 October, 2009

**Friday, 16<sup>th</sup> October 18:00 - 20:30**

Theory and Demonstration.

What is Kyudo: History. Philosophy. Schools. Styles. Kyudo in modern world. Equipment.

**Saturday, 17<sup>th</sup> October 9:30 - 13:00; 14:00 - 18:00 and**

**Sunday, 18<sup>th</sup> October 9:30 - 13:00**

Practice.

For the beginners: learning of Hassetsu (basic kyudo steps), according to the principles of the Heki-ryu Insai-ha in theory and practice. Using a Gomu-Yumi. On the last day there will be a chance to draw a real Yumi (Japanese bow), but without release (Karabiki).

For those who had, already, an introduction course: further steps in Kyudo.

## **Kyudo Masters:**

Feliks F. Hoff, Kyudo Kyoshi 6 Dan.

Leader of the Alster Dojo in Hamburg.

Kyudo since 1969. Disciple of Prof. Inagaki, Hanshi 9 Dan, who was the leader of the Heki-ryu Insai-ha.

Founder of the German Kyudo, Co-founder of the European Kyudo Federation (EKF), EKF Taikai coordinator, Director of the International Kyudo Federation (IKYF).

Author of the first German Kyudo book (translation in English available).

Finalist and winner of numerous National and International Kyudo tournaments.

Connie Brandl-Hoff,

Kyudo Renshi 5 Dan.

Kyudo since 1976.

Disciple of Prof. Inagaki,

Hanshi 9 Dan.

Vice-president of the German Kyudo Federation (Kyudo education).

Finalist and winner of numerous National and International Kyudo tournaments.

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Seminar in English with interpretation to Lithuanian (possible to Russian as well).

For practice you need to have comfortable clothing and Gomu-Yumi (rubber bow). Gomu-Yumi can be made by yourself (ask tomas@archery.lt, +370 685 86695) or buy it from Master (15 euro, make an order together with registration).

Registration ends on 10<sup>th</sup> of October. Contact: ringa@archery.lt, +370 686 38110.

There is limited place.

Price for seminar\*:

Only Friday – 30 Lt.

All days – 90 Lt.

\*all income will be to compensate travel and hotel expenses for Masters. Masters will lead seminar free of charge.

Seminar will take place at: 180 Savanoriu Prospektas, IV floor „Oksalis Jums“ archery hall.

How to find: mantas@oksalis.lt, +370 698 40861.

Organizer – Lithuanian Kyudo Federation