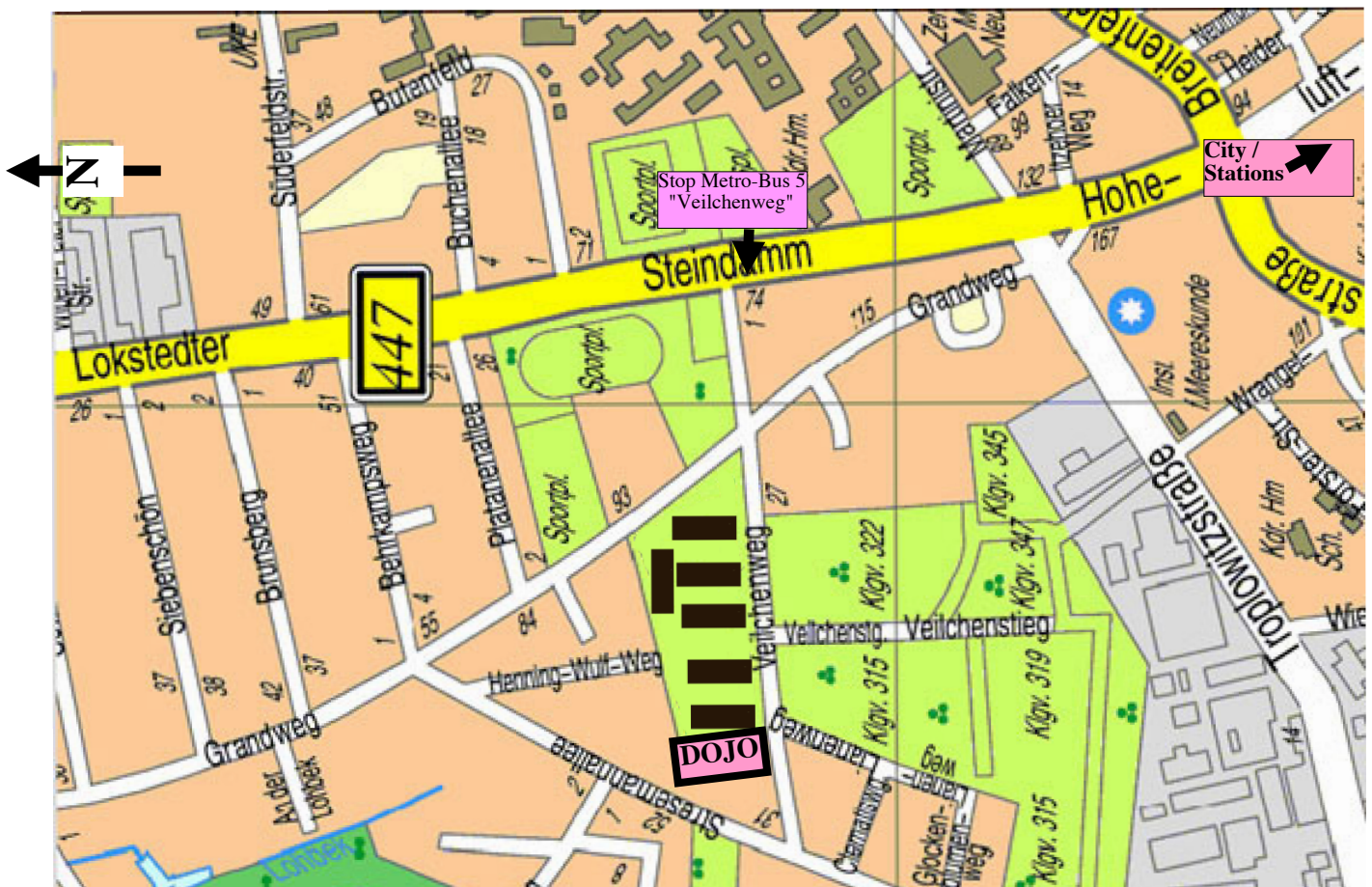




ALSTER DOJO e.V.

Invitation to the 11th "Open Training Week" in Hamburg	
Organiser/ Host	Alster Dojo e.V. - "Hi Un Kan - Kyudojo"
Venue:	Alster Dojo e.V. - Veilchenweg 34; 22529 Hamburg - Germany Tel+Fax: 0049 - (0)40 - 560 085 95
Schedule:	Arrival (especially for those who sleep in the dojo) is possible on Sunday (23-06-2019) between 18 - 20 h. Arrival should be latest on Monday 09:00 h Seminar: Monday 24 th June 2019, 9:30 h - Friday 28 th June 2019, 16:00 h
Teachers:	F. Hoff - Kyoshi 6. Dan, C. Brandl-Hoff, Renshi 5. Dan and other trainers of the Alster Dojo e.V.
Local manager:	F. Hoff - Kyoshi 6. Dan
Themes :	Improvement and correction of technique and taihai according to the principles of the Heki-ryu Insai-ha. If required, theory lecture(s) can be held.
Conditions:	Maximal 35 kyujin who are practising Heki-ryu Insai-ha shaho. If more than 35 archers apply a waiting list will be kept. If less then 10 archers like to participate, the seminar will be cancelled. If cancellations are necessary, give the organizers a note in time to give potential participants of the waiting list a chance.
Fees:	100,- € for the whole seminar (use of the dojo and non alcoholic beverages) Lunch can be ordered at site and is not included in the price. For breakfast and dinner each participant has to take care by him/herself. If you like to sleep in the dojo in your own sleeping bag the fee is 5,- € per night and person. Please pay in cash at your arrival in the dojo.
Application:	Please send the application form by mail or e-mail to: F. Hoff, Volksdorfer Weg 50r , 22393 Hamburg - Germany Mail: fhoff@t-online.de Telephone: +49-40-6405195
Closing date	22nd May 2019 Participants on a possible waiting list will be informed until 27 th May 2019

Lodging and board:	Please contact and book by yourself: Tourismus Center Hamburg, Steinstr. 7 D 20095 Hamburg; --> www.hamburg-tourismus.de Tel: 040 - 300 51114 - Fax:040 - 300 51220 --> reasonably priced and close to the dojo: ETAP Hotel Hamburg City , Holstenkamp 3 - 22525 Hamburg - Tel:040-85379820 www.accorhotels.com/de/hotel-2711-etap-hotel-hamburg-city/index.shtml --> reasonably priced and close to Motel One Hamburg , Kieler Str. 171 - 22525 Hamburg - Tel:040-89720690 www.motel-one.de/Hamburg_Altona --> medium price ranged and close to the dojo: New Living Home Hamburg Julius Vossler Str. 40- 22527 Hamburg - Tel:040-40133-100 www.new-living-home.de --> medium price ranged and close to the dojo: Motel Hamburg Hoheluftchaussee 119 - 20253 Hamburg - Tel:040 4204141 www.motel-hamburg.de -> medium price ranged and close to the dojo: Dorint Hotel HH-Eppendorf Martinistr. 72 - 20251 Hamburg - Tel: 040-570150-0 E-Mail: info.hamburg@dorint.com
Way description:	<u>By car</u> use the express way BAB 7 (west tangent, direction to Kiel), exit "Stellingen". Follow the direction to "Hagenbecks Tierpark" and the streets: Sportplatzring, Koppelstr., Julius-Vossler Str., Grandweg until Veilchenweg. <u>By train</u> to "Hamburg Hauptbahnhof" or "Hamburg Dammtor". From both stations you may use "Metro-Bus 5" in direction "Niendorf" until the bus stop "Veilchenweg", then take a walk for about 400 m to the dojo, see the map below. <u>By plane:</u> Use the S-rail 1 (S-Bahn) from the airport to the central station. From the central station you can change to all directions (see: By train) or take a taxi from the airport.
Remarks:	Please bring matoya with nipple points to avoid damages on the azuchi.



APPLICATION FORM for the

11th Open Training Week in Hamburg 2019

To Alster Dojo e.V.

c/o F. Hoff, Volksdorfer Weg 50r - 22393 Hamburg

E-Mail: fhoff@t-online.de

Tel: 0049-(0)40-6405795

I shall participate in the 11th "Open Training Week" • 24 - 28th June 2019 according to given conditions in the invitation.

Names :

Address / Phone :

E-Mail: **Birthday:**

I shall not have an overnight stay in the dojo.

I like to sleep in the dojo in my own sleeping bag (each night 5, - €).

I shall arrive on Sunday.

Kyudo since: **Kyudo-Grade / Title:**

I shoot mostly **Makiwara** **Mato**

I shall pay the fees at the arrival in the dojo.

Quantity	Reason for Payment	amount	my sum
1	participation fee	100,00 €	100,00 €
	overnight stay in the dojo	5,00 €	
		total:	

Date : **2019**

.....
Signature